

The Charlestown Recovery House was established in 2008 and joined the Gavin Foundation family in 2015 with the shared mission to provide the highest quality addiction education, treatment and support to our clients and our community. The building was newly constructed as a state-of-the-art residential program designed to provide a safe and supportive environment for the men who live there.

**There are no
strangers here...
Only friends you
have never met**

Gavin Foundation, Inc.

AAWOL

Access to Recovery (ATR)
CRS Center for Recovery Services

Charlestown Recovery House

Cushing House Boys
Cushing House Girls
Devine Recovery Center
Gavin House
The Graduate Centers
Hamilton House
Ostiguy High School
Phoenix House Quincy
Total Immersion Program
Speakers for Hope
Walsh Community Center

The Gavin Foundation is a multi-service agency providing comprehensive, community-based substance abuse education, prevention and treatment. We work from a deep commitment to the community, including the widespread community of individuals and families in recovery.



www.gavinfoundation.org

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**Substance Abuse Treatment
in a Recovery Home Setting**

**Gavin Foundation
Charlestown Recovery House
15 Bunker Hill Street
Charlestown, MA 02129**

**Phone 617-242-0088
Fax 617-242-0330**

THE CHARLESTOWN RECOVERY HOUSE



THE CHARLESTOWN RECOVERY HOUSE

Is a six month Recovery Home for male substance abusers. Full participation is required in the following areas:

CASE MANAGEMENT

We assess and prioritize the needs of each resident upon admission to ensure all areas of concern are being addressed. Substance Abuse issues are complicated. We offer wraparound services to ensure the success of each individual and include referrals as indicated.

JOB SEARCH

Staff assists each resident in their search for employment. Residents may be employed upon admission. Work hours must coincide with the Hamilton House program.

INTRODUCTION GROUP

Facilitated by a counselor and a graduate of a Gavin Foundation residential program. The focus is to address the immediate issues of sobriety along with the basic indoctrination of the house.

ONE-ON-ONE COUNSELING

Each resident is assigned an Individual Counselor upon admission. One-on-One Counseling gives each resident an opportunity to discuss issues or problems that may be uncomfortable to discuss in a group setting, as well as updating progress made in the program.

PHASE GROUP

A progressive group consisting of seven residents. This group is facilitated by a counselor, as they move through the phases they address topics that are most pertinent at that stage. The last phase addresses issues that will help them relocate into the community.

GROUP COUNSELING

Groups of four residents meet every week for one hour for the duration of their stay. This group is facilitated by their assigned counselor. Each month they formulate a treatment plan with this counselor. There is always an opportunity to see a counselor on an individual basis by appointment.

AAWOL

Alcoholics Anonymous Way of Life, AAWOL, is a structured, intense 21 week study and application of the Twelve Steps.

REFERRALS

Local health, legal, family, pastoral or mental health referrals are made on a regular basis to help residents achieve their potential.

Graduate Centers

Eligible graduates may live in the Centers, usually for four months. A live-in House Manager ensures the centers safety and security,

facilitates weekly groups, and monitors residents progress. Residents are required to continue their prescribed course of therapy including self-help and After Care groups, as identified in their Treatment Plan.

AFTERCARE

Is an essential part of the Charlestown Recovery House program. Participation includes involvement in the following:

- St. Dismas Big Book meeting on Sunday Mornings
- Continuation in AAWOL
- Involvement in the facilitation of Introduction and Awareness Groups for current residents
- Relapse Prevention groups

PLEASE CONTACT US

617-242-0088

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AAWOL PROGRAM

Open to all in recovery interested in applying the twelve steps to their lives. Prospective participants must be willing to make a commitment for 21 weeks. There are men's and women's groups held at 7:00 pm every Thursday at the Kent School, 50 Bunker Hill Street, Charlestown. Please call the Charlestown Recovery House for more information or to register.