

What We Offer

Holistic approach to addiction treatment ages 14-22

Three types of sessions which include adolescents alone, parents/guardians alone, and adolescents and parents/guardians together

17 different procedures based on individual need

Community engagement

Pro-social activities and hobbies



The Adolescent Community Reinforcement Approach and Assertive Continuing Care (A-CRA/ACC) program is a 3-6 month outpatient service youth ages 14-22 with DSM-5 substance-use disorders.

The overall goals of the A-CRA program are to reduce substance use and dependence, increase social stability, improve physical health, and improve life satisfaction.

Gavin Foundation, Inc.

AAWOL Program

Access to Recovery (ATR)

Center for Recovery Services

Charlestown Recovery House

Cushing House Boys

Cushing House Girls

Devine Recovery Center

Gavin House

The Graduate Centers

Hamilton House

Ostiguy High School

Phoenix House Quincy

Speakers for Hope

Total Immersion Program

Walsh Community Center

The Gavin Foundation is a multi-service agency providing comprehensive, community-based substance abuse education, prevention and treatment. We work from a deep commitment to the community, including the widespread community of individuals and families in recovery.



www.gavinfoundation.org

Rev. 11-2015



A-CRA/ACC

Adolescent
Community
Reinforcement
Approach

Assertive
Continuing
Care

Gavin Foundation
Center for Recovery Services
1233R Hancock Street
Quincy, MA 02170
617-847-1513

Adolescent Community Reinforcement Approach Assertive Continuing Care Substance Use Treatment *For Ages 14-22*

A-CRA ACC Program Approach

We offer high-quality, evidenced-based services that reflect the interests, values, needs, and choices of both the clients and caregivers we serve.

One of our chief goals is to replace the adolescent's substance-abuse related norms with pro-social behaviors that strengthen their recovery.

Program Participation

Clinicians and case managers custom select from among **17 A-CRA-recommended procedures** based on the adolescent's needs.

The focus is on **problem-solving skills** needed to cope with day-to-day stressors, **communication skill building**, and active participation in **prosocial activities**, with the goal of improving life satisfaction and eliminating alcohol and substance use.

Continuous contact with clients and caregivers after initial treatment is also a key part of the program.

Bringing the Program Home

Families are included in the treatment plan. A-CRA includes guidelines for three session types; adolescents alone, parents/caregivers alone, adolescents and parents/caregivers together.

Role-playing and behavioral rehearsal is a critical component of the skills training. Homework between sessions consists of practicing skills learned during sessions and participating in prosocial leisure activities. It is designed to reinforce new skills and positive activities.

Continuation of Support

Follow-up with clients and their families is an integral part of the program. Clinicians and case managers use multiple contact methods for sustained recovery support; in person, phone, text, mail and email.

Follow-up is designed to capitalize on anticipated windows of vulnerability. There are a higher number of check-ups and support in the first 90 days following treatment. We also increase monitoring and support during periods of identified vulnerability using scheduled and unscheduled contact.

Follow-up is individualized based on each client's need, the depth of his or her recovery capital, and the ongoing stability or instability of their recovery program.

Home and Community Support

A-CRA/ACC emphasizes rapport building, positive reinforcement and home and community reintegration.

We connect the client to communities of recovery. Additional support includes referrals and introductions to recovery coaches or trained volunteer recovery support specialists.

Program Access

To refer an individual to the A-CRA/ACC program, please contact us to set up a clinical intake. Our office is open Monday through Friday 9:00am - 5:00pm. Evening appointments are available.

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