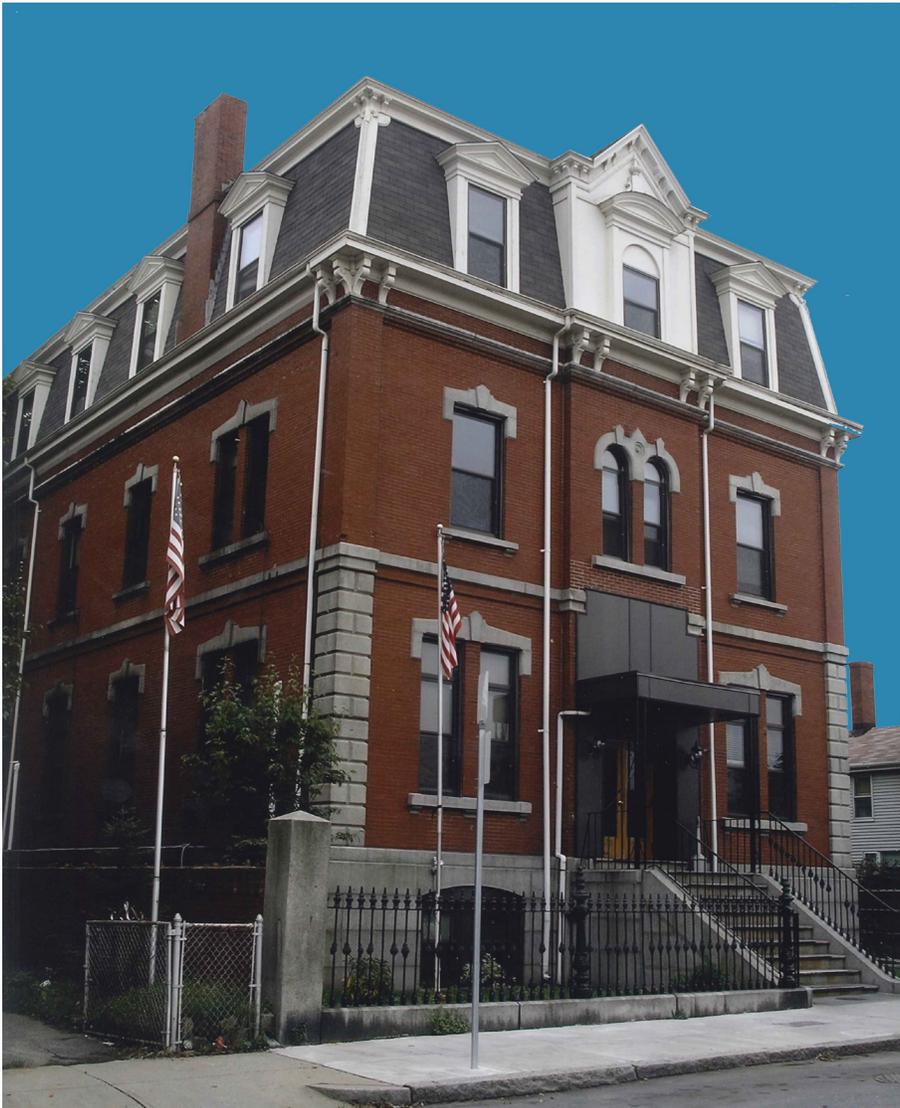




A Substance Abuse Treatment
Organization Serving the Greater
Boston Area Since 1962

NEWSLETTER | FALL 19

Gavin Foundation: South Boston, MA



The Gavin House has changed a great deal in the 57 years that it has been serving South Boston, but its mission has never wavered - the restoration of dignity.



TO OUR ALUMNI AND FRIENDS

We thank you for your continued support throughout the year. We appreciate the many individuals who generously give their time to our programs and we are grateful for the volunteers who run events that provide crucial funds to help us provide services that would not otherwise be possible. Your support helps make the difference between a great program and an outstanding program. The success of our clients is a result of the care and effort that our donors, staff, alumni, friends and volunteers give to the mission of the Gavin Foundation. Thank you for helping to provide the highest quality addiction education, prevention, and treatment to our clients and their families.



Arthur Adams, Recently Retired Director of the Gavin House

WE WISH ARTHUR ADAMS THE BEST OF LUCK IN HIS RETIREMENT!

THE LONG-TIME DIRECTOR OF THE GAVIN HOUSE RETIRED THIS MONTH AFTER FIFTEEN YEARS OF INCREDIBLE SERVICE TO THE GAVIN FOUNDATION

Thank you to Arthur Adams for fifteen years of service to the Gavin House. Arthur Adams started working in the recovery field in 1990 as a part time 1-1 and group counselor. In 1991 he took the position as the Live-in Manager, and left that position in 1994 to work as a Sullivan House part-time senior counselor while pursuing a degree in psychology/sociology at UMass-Boston. After graduating, he was promoted to Program Director of Sullivan House. He

served as Program Director until 1999 when he transferred to Answer House in South Boston as the program director until July 2004, when he was hired as program director of Gavin House.

Your continued, tireless efforts in helping those in need at the Gavin House and beyond will never be forgotten, and your spirit will live on in the house for years to come. We are so grateful for your service.

Do you need help finding substance abuse treatment for yourself or someone that you know? Contact our Center For Recovery Services at 617.268.5000 to get help right away.

THE GAVIN FOUNDATION ANNIVERSARY DINNER IS ONLY WEEKS AWAY!

ARTHUR ADAMS, RECENTLY RETIRED DIRECTOR OF THE GAVIN HOUSE, AND JENNIFER TRACY, DIRECTOR OF THE OFFICE OF RECOVERY SERVICES FOR THE CITY OF BOSTON, WILL BE HONORED AT THE EVENT

The Gavin Foundation invites you to our annual anniversary dinner celebrating the 57th anniversary of the Gavin House, the 45th anniversary of Hamilton House, the 20th anniversary of Cushing House, and the 11th anniversary of the Charlestown Recovery House. The celebration will be held on Thursday, October 24, 2019 at the IBEW Hall in Dorchester. The evening includes speakers, awards, music, raffles and of course delicious food!

This year we are pleased to be honoring two people who have committed their lives to the cause of recovery. Arthur Adams recently retired from the position of Director of the Gavin House, where he served admirably for 15 years. After 30 years of service working to help those in recovery, there are few who have done more for the Gavin Foundation, and we are thrilled to honor Arthur with the Residents Award.

Jen Tracy currently serves as the Director of the Mayor's Office of Recovery Services. The Mayor's Office of Recovery Services and Gavin Foundation have collaborated on many projects for substance abuse prevention, intervention, and support services for Boston's citizens,



and we could not be more delighted to honor Jen Tracy with the James Gavin Award.

It is a Gavin Foundation tradition to invite our current residents in treatment to the dinner at no charge, allowing them to meet the many who have gone before, see there is hope and know recovery is attainable. We are seeking donations to purchase their tickets. There are 36 men at Gavin House, 30 at Charlestown Recovery House, 22 at Hamilton House, 26 at the Graduate Houses, and 16 boys and 14 girls at Cushing House. To donate please contact Michael Aschkenasy at 857.496.7158 ext 627, or donate at www.gavinfoundation.com/anniversary. Tickets are \$50 per person or \$500 per table of ten and are available online, at any House or the DRC.

WELCOME TO ALL OF THE GAVIN FOUNDATION NEW HIRES!

WE ARE EXCITED TO WELCOME TO THE GAVIN FOUNDATION SO MANY AMAZING, DEDICATED PEOPLE THIS YEAR DUE TO OUR CONTINUING EXPANSION OF SERVICES.

WELCOME: Barry Butler, Dawn Cantara, Patti Cohen, Chloe Connors, Erica Cortes, Theresa Elwood, Claire Farma, Matthew Fumarola, Daniel Haggerty, Malik Hall, Robert Harland, Dianne Horsch, Deshawn James, Dominic Johnson, Lauren Karski, Heather Loomis, Douglas MacConnell, Greg McAdams, Kaylah McLeod, Gloria Miles, Keith Miner, Troy Mosley, Godfrey Nwogu, Daniel O'Connor, Ernest Phillips, Kimberly Podolske, Angel Rivera, Kevin Sheehan, Victor Simon, Anniesteta Tate, Nadia Valentin, Alexis Veith, Thomas Ward, Johnathon Weathers



HAMILTON HOUSE

SUCCESSFUL GRADUATE STORIES, ALUMNI COOKOUTS AND IMPROVEMENTS TO THE BUILDING HIGHLIGHT A SUMMER WELL SPENT AT HAMILTON HOUSE

This past summer, Hamilton clients have been very successful utilizing Access to Recovery (ATR) programs and developing real-world work skills that they can bring to jobs in the field of their training. In particular, several clients have seen success in the culinary field. Hamilton house recently had a graduate from last year, who stayed in contact throughout his aftercare, become a full-time employee at the Gavin Foundatin, working at the ATR program. We are very proud and know that you will do great work!

The Hamilton House hosted several alumni cookouts that were well attended this summer. It was great to see so many past clients witness how they have continued to improve their lives following their stays in the house.

The last few weeks of summer saw many improvements made to the property and the building, and thank you to the amazing Volunteers from Boston University for their volunteer work at the house!

Give the Gift of Recovery!

You are an important part of our client's success; our donors make fulfilling our mission possible. It is through your thoughtfulness and generosity that we can continue to offer so much for them. Your financial support will go straight to work helping our clients in treatment learn how to live a sober life **ONE DAY AT A TIME.**

Giving information can be found at www.gavinfoundation.org/donate

AAWOL PROGRAM: THE ALCOHOLICS ANONYMOUS WAY OF LIFE

The Alcoholics Anonymous Way of Life AAWOL program offers a structured in-depth study of AA's 12 Steps to the residents and clients involved in the Gavin Foundation programs, and many more men and women in recovery interested in learning how to apply the principles of the Steps to their lives. Join us Tuesday nights at the Tynan School in South Boston or Thursday nights at the Kent School in Charlestown. All are welcome and we encourage graduates to come back and help our residents gain the same responsible commitment and sobriety that you



now enjoy. New groups form on a rolling basis. If you are interested in joining or facilitating this program, please call the Gavin House at 617.268.5517 or the Charlestown Recovery House at 617.242.0088.



Teams compete in the Walsh Community Center's 3-on-3 tournament this summer

THE WALSH COMMUNITY CENTER

BASKETBALL, MOVIES NIGHTS, AND COOKOUTS HIGHLIGHTED A FUN AND FULFILLING SUMMER

This summer, the center was able to hire 16 young adults through the Massport summer jobs program. Busy summer days keep kids off the streets at times when trouble usually starts. The kids played basketball all June to get ready for an up coming 3-on-3 basketball tournament, with some practicing from 5pm until closing. Their hard work paid off as one team made it all the way to the finals. The best part of the summer was the cookouts the center hosted; the kids always have a great time enjoying the beautiful summer days and it was great to see past players and employees come by.



Boston University students look on as they here about the experiences of Gavin Foundation employees and clients

THANK YOU TO THE BOSTON UNIVERSITY STUDENTS WHO VOLUNTEERED FOR THE GAVIN FOUNDATION!

This past month, volunteers from Boston University spent a few days giving their time to help out at the Devine Recovery Center and at the Hamilton House. Their tireless efforts cleaning and organizing will go a long way. They were able to meet a few members and listen to their stories, and will be able to bring a great experience back to school as they continue with their studies. Thanks BU!

CENTER FOR RECOVERY SERVICES

A NEW CLINICAL DIRECTOR, ART THERAPY AND CLEAN TEETH ARE PART OF A SUCCESSFUL SUMMER AT CRS

Things are ever-changing at the Center for Recovery Services. The most important changes are seen in our clients as they begin to get comfortable with their sobriety. The clients are working with Jenny Reed, our Art Therapist who is supporting folks in expressing themselves in different mediums. Though Jenny came to us as a Licensed Art Therapist, she recently received her LMHC. Congratulation Jenny, your hard work paid off! You can also find clients getting their teeth cleaned by our traveling dental hygienists who come to CRS every three weeks. We are so grateful to have this much-needed service right in our own clinic!

We want to extend a heartfelt welcome and congratulations to our new CRS Clinical Director Evangelos Nomikos! You know him as 'Lucky', our long time Addiction Therapist, he is a great asset to both the clients and the Gavin Foundation as a whole. Congratulations, Lucky!

SIGN UP TO RUN AND SUPPORT MIKE'S 5K TO CRUSH SUBSTANCE ABUSE!

REGISTRATION IS OPEN NOW TO JOIN THE OCTOBER 19TH RACE @ 10:00AM

Mike's 5K to Crush Substance Abuse continues its efforts to raise money for the Gavin Foundation and the Milton Substance Abuse Prevention Coalition.



The 5k run was established in loving memory of Mike Mulcahy, who passed away in December 2016 after a heroic fight against addiction. We are all so grateful to the Mulcahy family for organizing this amazing event, as well as the race committee, the incredible volunteers, donors, sponsors, and the hundreds of runners for this generous and supportive donation! This is a great cause, participate any way you can. Run, Volunteer, Donate!

Sign up at:

<https://racewire.com/register.php?id=10777>

GAVIN HOUSE

THANK YOU TO CITIZENS ENERGY AND JOE KENNEDY FOR THE AMAZING LOBSTER AND STEAK DINNER YOU PROVIDED FOR OUR RESIDENTS AND STAFF
On May 15th, Citizens Energy came to the Gavin House to host and cook a delicious steak and lobster dinner for the house's residents and staff. The house also had a successful inspection with B.S.A.S in August, assuring that the Gavin House is in tip-top shape heading into the winter months.

In addition, on July 28th, the Gavin Softball Team won the Kenny trophy against the Answer House!



Volunteers cook steak and lobster while residents enjoy the wonderful meal together.



BOARD OF DIRECTORS

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- James Travers
- Fr. Joseph White
- Charlie Yetman



Gavin Foundation Inc.
675 East 4th St
South Boston, MA 02127
gavinfoundation.org

The Gavin Foundation is a 501(c)(3) non-profit agency dedicated to improving the quality of life for individuals in our programs and our community, by providing substance abuse prevention, education, treatment and support through the Gavin Foundation Programs



Residents and Alumni had an amazing time at Soberfest enjoying the summer weather, some fun activities, and even better company.



DEVINE RECOVERY CENTER

SUMMER WAS A TIME TO KICK BACK AND HAVE FUN CONNECTING WITH THE DEVINE RECOVERY CENTER COMMUNITY.

The summer kicked off with a Women in Recovery event at the center. Over 175 women with various lengths of sobriety participated in the powerful event where they engaged in fellowship and food and a meeting with some inspiring speakers. In June the DRC held SoberFest, where over 250 members and their families came out to enjoy a softball game followed by a cookout at the DRC with music, games, and face-painting for the kids! Members also took advantage of the summer with the Sober Cruise, where they went out on the water and had a great time. meeting new people.



OTHER NOTEWORTHY NEWS

Gavin Quincy Campus Director, Dawn Cantara is making insightful and helpful changes that have greatly benefited our patients

Cushing House boys and girls will attend the Malden Overcoming Addiction Tournament, per invitation by Mayor Gary Christenson of Malden, MA. The Cushing Boys also helped at the Medicine wheels end of summer event at No Man's Land.

All Residential Programs are gearing up for CARF certification that happens every three years.

State Senator Walter Timilty came to visit the Devine Recovery Center early this Summer

