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Gavin Foundation, Inc. 675 East 4th Street South Boston, MA 02127 www.gavinfoundation.org









The Gavin Foundation is a 501(c)(3) nonprofit agency dedicated to improving the quality of life for individuals in our programs and our community, by providing substance abuse prevention, education, treatment and support through the Gavin Foundation programs



SAVE THE DATE!

On Thursday, May 3, 2018 we will host our Road to Recovery Benefit Gala at the Innovation & Design Building. The Gala evening includes a silent and live auction, delicious food stations and presentations to two special 2018 honorees. Jeff Werner, Executive Director of New England Carpenters Benefit Funds, will be honored as the Gavin Foundation Man

of the Year for his strong commitment to the availability and quality of treatment resources for members and families in need. Karen Van Winkle, Creative Office Pavilion Vice President and Harvard Club President, will be presented with the Caring Hearts Award for her continued friendship and support of the Gavin Foundation. Karen launched the Road to Recovery Gala Benefit in 2017 as part of Creative Office Pavilions' commitment to the community initiative. Sponsorship opportunities are available now, individual tickets will go on sale in March. More information is available on the event page www.gavinfoundation.org/gala2018.

Charlestown Recovery House, Gavin House, and Hamilton House residents are looking forward to spring and getting outside for Sober League Softball; practice starts in April, games start in May. Alumni are encouraged to come by and watch the games. This is a great way to stay connected with your house and get to know the current residents. Alumni are also invited to join us for the much-loved summer barbecues which will be held at each house during the last week in June, July and August. Call your house for more information and dates.



GIVE THE GIFT OF RECOVERY!

You are an important part of our clients success; our donors make fulfilling our mission possible. It is through your thoughtfulness and generosity that we can continue to offer so much for them. Your financial support will go straight to work helping our clients in treatment learn how to live a sober life One Day at a Time. Online giving information can be found at www.gavinfoundation.org/donate



We are most grateful for our 2018 Boston Marathon Runners for Recovery: Joe Griffiths, Hailey Kobza, Melissa McGourty, Erin Murphy and Heather Gasper. They are running to raise funds for the Gavin Foundation. We wish them all well! Please visit our website to learn more about why they are supporting the Gavin Foundation and how you can help their fundraising efforts!



GAVIN FOUNDATION, INC. NEWSLETTE

Alumni, residents, employees, family and friends celebrated the anniversaries of Gavin House (55th), Hamilton House (43rd), Cushing House (18th) and Charlestown Recovery House (9th) at the annual fall Gratitude Dinner. We are grateful to IBEW Local 103 Financial Secretary Chuck Monaghan, officers and staff for their support and the many people who donated tickets allowing our residents in treatment to attend the dinner. Thanks also go to special guest Congressman Stephen Lynch, and our terrific volunteers, including the fun and enthusiastic folks from Creative Office Pavilion.

President/CEO John McGahan presented the Residents Award to Karen Pressman, Director of Planning and Development at MA DPH-BSAS, for her long-time dedication to the well-being of individuals in treatment. Gavin Foundation Board Member Peter Barbuto presented the James F. Gavin Award to Paul Hurley; IBEW Local 2222 Membership Assistance Program Coordinator, a loyal friend and strong supporter of the Gavin Foundation programs.



Hamilton House Program Director Joe Kelleher presented the New Beginnings Scholarship to Roscoe Hurley. Roscoe is the Director of the Devine Recovery Center and a true inspiration to DRC members and staff. The Caring Hearts Scholarship was presented by Gavin Foundation Board member Margaret Lynch, in memory of her brother Eddie Shaughnessy, to Jimmy Green. Jimmy is a graduate of the Cushing House boys program and is enrolled in the Addictions Counselor Education Program (ACEP) at UMass Boston.

We would like to extend a special thank you to AA meeting chair Michael P. and speakers Cali G. and Jimmy L. Their personal stories of recovery were powerful and moving. It was an inspiring evening filled with recovery, hope and gratitude. We look forward to seeing you at our next Anniversary dinner on Thursday, October 18, 2018. It's a night you won't want to miss!





TO OUR ALUMNI AND FRIENDS We thank you for your support during the holidays and your continued support throughout the year. We appreciate the many individuals who generously give their time to our programs and are grateful for the volunteers who run events that provide crucial funds to help us provide services that would not otherwise be possible. Your support helps make the difference between a great program and an outstanding program. The success of our clients is a result of the care and effort our donors, staff, alumni, friends and volunteers give to the mission of the Gavin Foundation. Thank you for helping to provide the highest quality addiction education, prevention and treatment to our clients and their families.



The Devine Recovery Center celebrated its 5th Anniversary in January with a spectacular celebration at the DRC that included members, volunteers, staff and Gavin Foundation program alumni. Gavin Foundation staff members Tim Murphy, Rose Stone, DRC Director Roscoe Hurley and Debbie Shezer took a moment to pose with a few of the amazing volunteers and members who helped put the event together. It was a wonderful day of food, fellowship and good sober fun. New activities at the DRC include running with the Boston Bulldogs and a weekend Refuge Recovery Group. Membership is free, so come

on by and check it out! Facebook.com/DevineRecoveryCenter

70 Devine Way, South Boston

5 MINUTE WALK FROM ANDREW STATION/RED LINE
OPEN MON-FRI 9:00AM-10:00PM, WEEKENDS 12:00PM-8:00PM



The Alcoholics Anonymous Way of Life AAWOL program offers a structured in-depth study of AA's 12 Steps to the residents and clients involved in the Gavin Foundation programs, and many more men and women in recovery interested in learning how to apply the Principles of the Steps in their life. Join us Tuesday nights at the Tynan School in South Boston or Thursday nights at the Kent School in Charlestown. All are welcome and we encourage graduates to come back and help our residents gain the same responsible



commitment and sobriety that you now enjoy. New groups form on a rolling basis. If you are interested in joining or facilitating this program please call the Gavin House at 617-268-5517 or the Charlestown Recovery House at 617-242-0088.



Thank you to the Claddagh Fund for their donation in support of our Cushing House teens and our students at Ostiguy High. We are also grateful to Dropkick Murphy frontman and Claddagh Fund founder Ken Casey for his in person support of all of our residents. Ken has been a good friend of the Gavin Foundation for some time. He is a great guy and we love when he comes by to share his experiences. Ken stopped by the Cushing House for a visit before leaving for the Dropkick Murphys European Tour. We had homemade cupcakes, played a little pool, and admired the recently awarded 'Boys Cleanest Room'. It was a fun visit and the kids had a blast. Thank you for your friendship Ken, you're the best!



The Life is Good Kids Foundation is working with 35 area youth and family organizations, through the South Boston Association of Nonprofits, to help develop a unified operating system to effectively work with children and families, across

local education, enrichment and behavioral health settings. Gavin Foundation is thrilled to be a part of this initiative and is represented by Devine Recovery Center Director Roscoe Hurley and Walsh Gym Director Ron Cheech Maciejewski.





Funds raised at the inaugural Mike's 5K were presented to Gavin Foundation Pres/CEO John McGahan by Dianne, Ryan and Chris Mulcahy. Mike's 5K to Crush Substance Abuse was established in memory of Mike Mulcahy, a proud

Miltonian and lover of the outdoors, who passed away in December 2016 after a heroic battle against addiction. Proceeds were donated to the Gavin Foundation and Milton Substance Abuse Prevention Coalition. We are most grateful to the Mulcahy family, race committee, volunteers, donors, sponsors, and the 650+ registered participants for this generous donation!





The Gavin Foundation Holiday Open House was well attended by alumni, family, employees and friends. The McKeon Post was bursting at the seams! Thank you to all of the alumni, staff members and friends who donated their time. Thanks also to Santa (Dennis M). who helped the Program Directors and volunteers distribute gift bags to each resident; gifts made possible thanks to the generosity of our alumni and friends. A very special thank you to our friends at the South Boston Boys and Girls Club who spent the weeks before the event making, baking and creating a beautiful selection of desserts for the buffet. They are a wonderful group and did a terrific job at the party helping with the buffet and children's craft table. We are most grateful to everyone who helped make Christmas bright for our residents!



GAVIN FOUNDATION CHRISTMAS OPEN HOUSE



We welcome Psychiatrist Siu Ping Chin Feman, MD to our Center for Recovery Services. Dr. Chin Feman received her medical degree from Tulane University School of Medicine in New Orleans and completed psychiatry residency training at Harvard Longwood in Boston. Following residency, she completed a fellowship in addiction psychiatry

through Partners Healthcare based at Mass General Hospital and McLean Hospital. She is board-certified in psychiatry and addiction psychiatry. In her role as Medical Director for the Gavin Foundation, she is responsible for providing oversight for our residential clients, as well as caring for outpatients at the Center for Recovery Services and educating patients and staff about addiction and mental illness.

Gavin Quincy ATS/CSS
In 2015, the Gavin
Foundation established a
medical facility in Quincy
providing acute treatment
services including medically
supervised detox and
clinical support services to
individuals taking their first



steps toward sobriety. Initially a partnership with Phoenix House, the Gavin Foundation took full ownership of the 64-bed ATS/CSS facility in December 2017. We are most grateful for the assistance received from the City of Quincy, Thomas P. Koch,



Mayor. In honor of the transition, we held a ceremonial ribbon-cutting in Council Chambers at Quincy City Hall. We are thankful to Mayor Koch for his support of our organization and his commitment to finding solutions that help rebuild and reunite families dealing with addiction.