

Hamilton House is a recovery home for adult men seeking to recover from the effects of alcohol and drug abuse. Hamilton

House joined the Gavin Foundation in 2015 and has provided residential treatment for men since 1974. Accommodating up to 22 men at a time, our program aims for the restoration of dignity and self-respect in an understanding, supportive, and home-like environment.

We maintain long-standing relationships with community health providers, social service agencies, and community-based support groups in order to provide a robust network of support for our residents.

**There are no  
strangers here...  
Only friends you  
have never met**

## **Gavin Foundation, Inc.**

AAWOL Program  
Access to Recovery (ATR)  
ATS/CSS Quincy  
Center for Recovery Services  
Charlestown Recovery House  
Cushing House Boys  
Cushing House Girls  
Devine Recovery Center  
Gavin House  
The Graduate Centers  
**Hamilton House**  
Ostiguy High School  
Total Immersion Program (TIP)  
Walsh Community Center

The Gavin Foundation is a nonprofit multi-service agency providing comprehensive, community-based substance abuse education, prevention and treatment programs. We work from a deep commitment to the community, including the widespread community of individuals and families in recovery.



[www.gavinfoundation.org](http://www.gavinfoundation.org)

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# **Hamilton House**



Gavin Foundation  
Hamilton House  
25 Mt. Ida Road  
Dorchester, MA 02122

(p) 617-288-1584  
(f) 617-288-8881

# Hamilton House



## THE HAMILTON HOUSE

is a six month Recovery Home for male substance abusers. Full participation is required in the following areas:

### CASE MANAGEMENT

We assess and prioritize the needs of each resident upon admission to ensure all areas of concern are being addressed. Substance Abuse issues are complicated. We offer wraparound services to ensure the success of each individual and include referrals as indicated.

### JOB SEARCH

Gavin Foundation staff assist each resident in their search for employment. Residents may be employed upon admission. Work hours must coincide with the Hamilton House program.

### INTRODUCTION GROUP

Facilitated by a counselor and a graduate a Gavin Foundation residential program. The focus is to address the immediate issues of sobriety along with the basic indoctrination of the house.

### ONE-ON-ONE COUNSELING

Each resident is assigned an Individual Counselor upon admission. One-on-One Counseling gives each resident an opportunity to discuss issues or problems that may be uncomfortable to discuss in a group setting, as well as updating progress made in the program.

### PHASE GROUP

A progressive group consisting of seven residents. This group is facilitated by a counselor, as they move through the phases they address topics that are most pertinent at that stage. The last phase addresses issues that will help them relocate into the community.

### GROUP COUNSELING

Groups of four residents meet every week for one hour for the duration of their stay. This group is facilitated by their assigned counselor. Each month they formulate a treatment plan with this counselor. There is always an opportunity to see a counselor on an individual basis by appointment.

### AAWOL

Alcoholics Anonymous Way of Life, AAWOL, is a structured, intense 21 week study and application of the Twelve Steps.

### REFERRALS

Local health, legal, family, pastoral or mental health referrals are made on a regular basis to help residents achieve their potential.

### Graduate Centers

Eligible graduates may live in the Centers, usually for four months. A live-in House Manager ensures the centers safety and security,

facilitates weekly groups, and monitors residents progress. Residents are required to continue their prescribed course of therapy including self-help and After Care groups, as identified in their Treatment Plan

### AFTERCARE

Is an essential part of the Hamilton House Program. Participation includes involvement in the following:

- St. Dismas Big Book meeting on Sunday Mornings
- Continuation in AAWOL on Tuesday Evenings
- Involvement in the facilitation of Introduction and Awareness Groups on Wednesday Evenings
- Relapse Prevention groups

### AAWOL PROGRAM

Open to all in recovery interested in applying the twelve steps to their lives. Prospective participants must be willing to make a commitment for 21 weeks. There are approximately seven men's groups and three women's groups held every Tuesday at 7:00 pm at the Tynan School, 650 East 4th Street in South Boston. Please contact the Hamilton House at 617-288-1584 to register or for more information.