# GAVIN FOUNDATION Winter Newsletter

Engagement



# The DRC & BRC

The Devine Recovery Center (DRC) hit the ground running this fall, participating in all sorts of activities and events. Members had been participating in Phoenix Gym bootcamp at Moakley Park in August, attended the Mary Ellen McCormick Cookout presented by the Winn Company, attended the Peace Picnic at Saint Monica's Church and hosted a Cookout and Cornhole event for friends and family. DRC staff and **Project R.E.N.E.W.** continue to assist St. Monica's & Fourth Presbyterian Church's food pantry.

The DRC softball team had a lot of fun in spite on not being able to defend their G.B.S.S.L. title. Congrats to the team and Coach Shawn Feeley!

The Bridge Recovery Center (BRC) has participated in lots of activities in Malden. The volunteer at Bread of Life, did and incredible job hosting a recovery Halloween Party and got a visit Representative Katherine Clark.



Representative David Biele and Suffolk Construction Pat Brophy join Gavin staff in congratulating Wilson Peguero onhis award by second chance cares.





Members of the BRC having good sober fun at the Halloween Party

## Mike's 5K to Crush Substance Abuse is Back

Mike's 5k to Crush Substance Abuse is an annual race in Milton, MA in honor of Mike Mulcahy, who sadly passed

2016 after a battle against addiction. This year's team was bigger then ever, the Gavin Foundation some of the team was off warming up to run and are missing from the photo. The crowd was running to raise money for substance abuse treatment. We are so grateful to the Mulcahy family for their efforts in raising funds for the Gavin Foundation and other community agencies.



## Gavin House

The Gavin House took advantage of the end of the summer, hosting a cookout every Thursday in August for staff and clients. It was a great way for everyone to come together and enjoy the wonderful weather of the season. Clients also got to decorate the house for Halloween for the neighborhood to enjoy!

The house has multiple staff members enrolled in the Recovery Coach Program, which provides growth opportunities for our team. The house also hired two new staff members.

Clients have had a great fall. A few were able to buy their first car, with the help of a great program called *Second Chance Cars*, while others enrolled in college courses that they are able to attend at night. These milestones are wonderful and we are so proud of the clients' progress!



Gavin House alumni and staff enjoying the weekly summer cookout at the house.

## Hamilton House

The staff and members of the Hamilton House have made real progress this fall. The house continues to apply recovery capital to the program by hiring recent graduates of the program, who has proven to be a valuable team member.

The House Mentor recently organized a cookout where residents and former residents from all the graduate centers attended. The weather was great and the outdoor event was a huge success!

Hamilton Graduate and current King Street resident Mathew M felt that he gained so much insight from participating in his AAWOL that he asked to be given the opportunity to co-facilitate the future AAWOLs and give back to others what was given to him. He is co-facilitating with an experienced group leader who had chaired his 1st AAWOL group. We are always looking for chairman so if interested please call.

## CRH

The Charlestown Recovery Home currently has several residents who are in either Project Place or MassHire training. We are proud of their efforts in moving forward in their recovery and reaching goals in their treatment plans. Four residents also took steps of the sober home program through Gavin ATR, while three other graduates moved onto the Graduate House.

### graduates moved onto the Graduate House. Eileen's House

We would like to congratulate the staff on the opening of a new program without a hitch. They are building a good foundation of recovery support, while the women are working their recovery program and participating a community activities.

## CRS

The Center for Recovery Services plays a big part in our residents success. We owe Lucky and team a tip of the cap.

## Gavin Alumni & Friends Dinner!

On October 20th, we held our annual Alumni and Friends dinner. It was wonderful to once again be able to celebrate recovery and reconnect with old friends. I want to give a big thank you to all the volunteers who helped make this dinner so successful. This is one of the rare times we are able to get all of our programs together. One of the benefits is it allows the staff from Gavin Quincy (GQ) to share in their patients success as they progress though our programs. The staff at **GQ** do an incredible job day in and day out providing medical care and stabilization services when our patients are at their lowest point. They are there to nurture them back to health so they begin their recovery journey. And of course new residents get to see and feel the love and support in the room.



Pictured above left James F. Gavin Award was presented to Coleman Nee with the Boston Credit Union and right Dennis McLaughlin was presented the Gavin Alumni Award. I would like thank the Butch S for chairing the evening meeting and Sean O and Jamme R for speaking.

### Give The Gift of Recovery!

You are an important part of our clients' success; our donors make fulfilling our mission possible. Your financial support will go straight to work helping our clients in treatment learn how to live a sober life ONE DAY AT A TIME.

Giving information can be found at: www.gavinfoundation.org/donate

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